



## YES Newsletter—November

**Get to know your YES Clinical Committee Member: Aakriti (Aaki) Garg Shukla, MD**

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### **Do you have an OR quirk?**

Preparing for the OR, for me, starts the night before with an indulgent bedtime of approximately 8:00 p.m.,—feeling well-rested the next morning is the best! I love listening to the “How I Built This” podcast as I take the train to work. The podcast discusses how entrepreneurs started their organizations/products and how they made them successful through ambition, perseverance, and hard work. Once I get to our ASC, I wear comfy OR socks (a few pairs of patient grip socks that I have been laundering and reusing for several years) along with a pair of leggings and a tank top under my scrubs. Our ORs, like most, have arctic temperatures!



### **How do you unwind after a stressful day?**

After a stressful day at work, I go home to my toddler who is eager to give 50 hugs and wants to share new songs he learned at school, snacks he loves, and show me a boo-boo he achieved at the playground. It is pretty hard to dwell on any less-than-ideal situation that took place during the workday when I get to come home to this lovable distraction.

### **If you could only eat one food for the rest of your life what would it be?**

When I lived in L.A., I absolutely loved animal-style grilled cheeseburgers from In-N-Out Burger. Even though the nearest location is now almost 2,000 miles away, I still try to enjoy it at least once a year.

### **What is the most unique place you’ve traveled/visited?**

For my husband and my honeymoon, we traveled to Indonesia, Singapore, and Cambodia. The most unique memory of this trip was climbing an active volcano, Mt. Batur in Bali, on a hike that started at midnight. ... We saw the sun rise above the clouds that were below us while we cooked eggs on the mountaintop with volcanic steam.

### **Who is your hero – in ophthalmology or personally?**

Answering this question is always difficult as I have several heroes in ophthalmology. Two that come to mind are David Chang, MD, and Jeff Liebmann, MD. I have worked closely with David for the last 3 years to create [EyeSustain](#), a global, multi-specialty, and multi-society coalition committed to making ophthalmology (and especially ophthalmic surgery) more environmentally sustainable. ... Jeff has been a mentor to me for the last 10 years. He is highly respected in the field glaucoma and the best teacher. Over the last 35 years, he has managed to see 75-100 patients daily in clinic, teach residents/fellows throughout, and keep everyone happy.

### **What's your favorite movie?**

My favorite movie is *Matilda*. It is the story of a brilliant and resilient young girl with extraordinary powers who overcomes adversity through her kindness, intelligence, and collaboration. I recently saw *Matilda* the musical on Broadway – it was incredible.

## **Submit Your Case Video for a YES Symposium**

The YES Clinical Committee is in search of case videos for the [Good to Great Surgeon: Working Through Complications Video Symposium](#), taking place at the [2024 ASCRS Annual Meeting](#) in Boston, Massachusetts, April 5–8.

Submissions are open now through **January 12**.

This session is an interactive video symposium where presenters, including current residents and fellows, showcase difficult cases and complications that occur in the OR. A panel of surgeons then provides guidance for these complicated cases. Each of the cases will be followed by didactic video pearls concerning complex cases.

[Click here](#) for more information, submission instructions, and other case video opportunities. Contact Sheela Patel ([spatel@ascrs.org](mailto:spatel@ascrs.org)) with any questions.

## **Save the Date!**

Registration for the [2024 ASCRS Annual Meeting](#)—April 5–8 in Boston, Massachusetts—opens November 20. Mark your calendar to be an early registrant.

YES members receive **complimentary/discounted registration** and can look forward to a wealth of customized educational and networking opportunities.

ASCRS hosts dedicated YES skills transfer labs and a full day of educational programming and networking opportunities tailored for the YES audience.



# BOOK YOUR HOTEL

ASCRS  
ANNUAL MEETING  
APRIL 5-8, 2024 | BOSTON, MA

## Coming Soon: Two IOL-Focused Webinars On Demand

Two IOL-focused webinars—"A Challenging Day in the OR: Tough Choices in IOL Selection" and "Complex Presbyopia IOLs"—which drew hundreds of attendees when they aired live, are coming soon on demand online for those who missed it.

- **A Challenging Day in the OR: Tough Choices in IOL Selection:** features program chairs Kendall Donaldson, MD, and Doug Koch, MD, and faculty Mitch Jackson, MD, Bill Trattler, MD, Neda Shamie, MD, and Marjan Farid, MD, as they discuss four cases involving difficult IOL selection.
- **Complex Presbyopia IOLs:** features Kendall Donaldson, MD, and Doug Koch, MD, and faculty Kourtney Houser, MD, Cathleen McCabe, MD, Julie Schallhorn, MD, and Robert Weinstock, MD, as they discuss how they use trifocal, EDOF, small-aperture, and adjustable IOLs

These webinars are each approved for 1.0 *AMA PRA Category 1 Credit*<sup>™</sup>. Engage in these webinars and leave more confident in the patient selection process, working with unhappy patients, presbyopia-correcting IOL options, and identification strategies to meet the needs of today's cataract surgery patients!

*These webinars will become available on November 13.*

## Take Advantage of These Educational Opportunities with ASCRS

- **YES Connect webinars:** The latest YES Connect webinar is dedicated to ergonomics—**check it out!** Find this and other hour-long, **binge-worthy webinars** that include YES members and experts discussing various topics such as interviewing for your first job, basics to billing, working with industry, clinical research in private practice, ASCRS Advocacy and more!
- **Ophthalmology Quicksand Chronicles—Eureka Moments Podcast:** Watch or listen to the **episode 4 of OQC—Eureka Moments!** Hosts Nicole Fram, MD, and Elizabeth Yeu, MD, and guest Julie Schallhorn, MD, discuss cataract surgery with corneal lesions.
- **ASCRS Grand Rounds: Latest Grand Round episode** is now available presented by Tulane University School of Medicine Department of Ophthalmology.

## Helpful Links and Resources:

[ASCRS YES Membership](#)

[ASCRS YES Education](#)

[ASCRS Clinical Education](#)

[ASCRS Online Tools](#)

Official YES Hashtag: #ASCRSYES

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